



## SRI KRISHNADEVARAYA COLLEGE OF HORTICULTURAL SCIENCES

(Affiliated to Dr. Y.S.R. Horticultural University,  
Venkataramangudem, West Godavari)

Sanapa Road, Alamuru (Post), Anantapuram - 515 002



### Online training programme on Menstrual Health and Hygiene by Global Hunt Foundation on 20.12.2025

Global Hunt Foundation (GHF) as a Consulting & Advisory organization is a Section 8 registered not-for profit organization under The Companies Act, 1956 and working towards implementing diverse CSR programmes in various thematic clusters as per The Schedule VII, of the Companies Act, 2013. Unicharm India, conducted 60 minutes of focused training program on Menstrual Health and Hygiene with the objective of improving awareness and promoting safe menstrual practices among adolescent girls and women in college. Menstrual health is a critical yet often neglected aspect of public health, education and gender equality. This training aimed to address misinformation, cultural stigma and lack of access to accurate knowledge.

The session was conducted by their corporate partner, Unicharm India, a leading Japanese firm in India existing in the market with the names of Sofy and Mamypoko pants. The programme was conducted in digital mode in one session at 2.00 PM on 20.12.2025. Girls students of 2023, 2024 and 2025 batches with the all-ladies faculty and non-teaching staff of the college attended the programme. Speaker of the session was Mrs. Fathima Afreena (GHF). The session aimed a menstrual cycle basics, hygiene practices, safe sanitary pad use and disposal, common health issues (PCOS/endometriosis), nutrition, emotional well-being and debunking myths during menstruation.

#### Link of the session

Date and Time: 20.12.2025 & 2.00 PM

<https://us02web.zoom.us/j/87848982671?pwd=7fCcvrlbUj4awQzOhb9yf359YnIBGE.1>

Zoom Meeting

Meeting ID: 878 4898 2671

Passcode: 456945

#### Glimpses of students, teaching and non-teaching staff who attended the session



